Facts/formulas

Distance = velocity x time

Acceleration = force / mass [weight]

Conversions

1 litre water = 1 kg weight

2.54 cm = 1 in

1.6 km = 1 mile

Volume of a rectangular block

=width x height x depth (i.e. the 3 side lengths multiplied together)

units m3

1 m3 = 1,000 litres